## January 2025 School Holidays

## **Sports Squad**

Early Start Australia Coomera is offering the Sports Squad Group for teens as a 4-session structured program.

## Age: Teens

Cost: \$355.63 per session (\$1422.52 total program cost)

Venue: Early Start Australia Coomera clinic

**Time:** 1.30pm - 4pm Tues 14th, Thurs 16th, Tues 21st, Thurs 23rd January 2025

## The Sports Squad Group for teens is a physiotherapist-led group.

The group will focus on:

- Play and engagement with others in a small group environment
- Participating in a variety of gross motor activities like warm ups, locomotion, object control, modified games, and cool downs
- Exploring social and play skills including waiting and taking turns

**Funding:** This service can be funded with NDIS group programs funding allocation or privately funded.

**Next Steps:** For enquiries or to register for this group click <u>here</u>, respond to this email, or call our clinic on (07) 5689 5602.

If you are seeking individual therapy, or no longer require services, please let us know so we can update your details on the waitlist.



earlystartaustralia.com.au