## December 2024 & January 2025

## **Steps to Prep**

Steps to Prep is designed to help children feel ready and confident about starting school. Our program will provide an environment for your child to develop the necessary skills for smooth transition into formal schooling.



## Age: 4-5 years

**Cost:** \$274.81 per session (\$824.42 total)

Venue: Early Start Australia, Toowong

**Time:** 9:30am-12:30pm 9th - 11th Dec 2024 OR 14th, 16th - 17th Jan 2025 Our Program will focus on developing:

- Social skills: turn-taking, sharing, waiting, understanding body cues
- Gross and fine motor skills: pencil grip, drawing, balance, coordination, jumping
- Pre-Literacy skills: phonological awareness, letter recognition
- Communication: confidence in asking questions and expressing ideas
- Sensory/emotional regulation: listening, attention and concentration
- Behavioural skills: following instructions, transition between activities

This group will be led by our Occupational Therapist and Speech Pathologist. Please bring snacks for morning tea.

**Next Steps:** Please scan QR code to register your interest.

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