

School holiday program

## Gardening Group

Get creative painting and planting your own pot plant!



**Age:**  
10 years+

**Cost:**  
\$140.37 per session

**Venue:**  
Early Start Australia,  
Hindmarsh Hub

**When:**  
Friday 17th January 2025,  
1:00pm-2:30pm

In this group participants will paint their own pot, plant a seedling and take it home to care for, and watch it grow.

This therapist-led group is a great opportunity to:

- build on, promote, and improve social connectedness
- engage in a mindful activity
- have fun with peers
- boost creativity through gardening

**Funding:** This service is eligible for private clients and NDIS participants.

**Next Steps:** For enquiries or to register for this group click [here](#), or contact our clinic. Early registration and expression of interest is highly encouraged.

**Early Start Australia | SA | Hindmarsh**

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