

## School holiday program

# Getting Ready for High School

This program provides an opportunity for Year 6 students to learn and practice strategies for increasing attention, memory, and organisation as well as developing social skills and strategies for emotional regulation in preparation for transitioning to high school.



### Age:

**Children starting High School in 2025**

**Cost: \$1,212.42**

### Venue:

**Early Start Australia,  
Penrith**

### Time:

**2pm - 5pm each day  
Monday 20 January to  
Friday 24 January 2025**

The group has a focus on:

- Using a timetable and diary
- Reading a school map
- Being organised for each school day
- Prioritising homework and assignments
- Starting and organising assignments
- Writing extended written responses
- Preparing for exams
- Studying, note-taking, summarising
- Coping with stress
- Problem solving
- Making new friends
- Conversation skills
- Managing feelings

**Funding:** This service can be funded with NDIS group programs funding allocation.

**Next steps:** Click [here](#) to register for this group. Or if you wish to discuss if this group is suitable for your child, please contact our clinic. Please be aware that our groups have maximum numbers which once achieved, will result in registration closing.



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Body

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