## Term 1 2025 Groups

## The Lot

This program focuses on practical life skills such as food prep, community safety, conversations, outings, and social inferencing.

Age: 8-12 years

Cost: \$139.50 per session\*

Venue: Early Start Australia,

Camberwell

Time: 4:15pm - 5:15pm Thursday's commencing 6th Feb 2025 for 8 weeks

\*Please note costs are based off 4 children to 2 team members per group. Costs may vary based on final numbers but will not exceed cost advertised above.

The Lot is a group designed to target a wide variety of skills such as problem solving, self-care, and motor skills. Some sessions will be clinic-based whilst others will be in the community e.g. the local cafe.

"The Lot" program will target:

- Community safety and self-care skills
- Problem solving and negotiation
- Emotional and sensory regulation
- Conversation skills
- Language and self-advocacy skills e.g. expressing thoughts, opinions, and emotions

Funding: This service can be funded privately or with NDIS group programs funding allocation.

**Next Steps:** For enquiries or to register for this group click <u>here</u>, scan the QR code, or call our clinic on 1300 372 439.

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