

CoolZone Group program

Age: 10 - 13 years

Cost: \$130 per session (9 sessions)

Venue: Early Start Australia, East Victoria Park

Time: Saturdays, 1pm - 2pm

Duration: 9 weeks, commencing Saturday 8th February 2025



CoolZone is a one-hour program for late primary/early high school-aged children.

In this program, we are working on building positive social skills including:

- Confidence to share thoughts, experiences, and opinions in group settings
- Conversation skills on a range of topics
- Repairing communication breakdowns
- Memory, planning, inhibition, and organisation for shared games and activities
- Ability to reflect on strengths and difficulties, and self-advocacy skills
- Social problem solving, perspective taking, managing and respecting differences
- Self-regulation in group settings

This is done through individual and shared group activities within a supported environment.

Next steps:

Click [here](#) to register for this group. Or if you wish to discuss if this group is suitable for your child, please respond to this email or call our clinic on **9450 6939**.

If you are seeking individual therapy, or no longer require services, please let us know so we can update your details on the waitlist.

If you are new to this program, you may need to book an assessment to see if this group is suitable for your child.

Contact us:

Early Start Australia | WA | East Victoria Park

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Phone: (08) 9450 6939

Email: eastvictoriapark@earlystartaustralia.com.au

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