## Saturday Friends Group program

**Age:** 7 - 10 years

**Cost:** \$130 per session (9 sessions)

Venue: Early Start Australia, East Victoria Park

Time: Saturdays, 11am - 12pm

**Duration:** 9 weeks, commencing Saturday 8th February 2025

Saturday Friends is a one-hour social skills group for mid-primary-aged young people with social communication needs.

## In this social group, we are working on building:

- Positive social experiences
- Confidence for making and being with friends
- Skills for having conversations with friends
- Awareness of appropriate social behaviours
- Cooperation and teamwork skills
- Skills for accepting other people's ideas
- Skills for joining in new and different activities
- Skills for coping with upsets and staying calm in a group
- Skills for following the group process

This involves shared group games, projects, and conversation in a supported environment.

## **Next steps:**

**Click** <u>here</u> to register for this group. Or if you wish to discuss if this group is suitable for your child, please respond to this email or call our clinic on **9450 6939**.

If you are seeking individual therapy, or no longer require services, please let us know so we can update your details on the waitlist.

If you are new to this program, you may need to book an assessment to see if this group is suitable for your child.

## **Contact us:**

Early Start Australia | WA| East Victoria Park

Address: 734 Albany Highway, East Victoria Park, Western Australia 6101

Phone: (08) 9450 6939

**Email:** eastvictoriapark@earlystartaustralia.com.au

