Term 1 Group Programs

Secret Agent Society

We are excited to start training our next group of cadets! SAS is an evidenceinformed, multimedia program to help all children develop their social and emotional resilience.

Age: 8-10 years

Cost: \$293.43 per session \$193.99 for the pre assessment session

Venue:

Early Start Australia, Oakleigh

Time: 4pm-5.30pm Thursdays Commencing 30/01/2025

Funding: Private or NDIS allocation

Please note each child will require access to their own laptop or tablet to participate.

The fun, spy-game learning program assists your child in learning how to feel happier, calmer, and braver in social situations, and how to use these skills to build and maintain friendships.

Children will help them develop:

- Recognising emotions in themselves and others
- Expressing their thoughts and feelings in appropriate and calm ways
- Playing with others, using strategies such as taking turns and negotiating
- Negotiating mistakes, transitions, surprises, and unexpected problems
- Building strategies for making and maintaining friendships
- Knowing how to deal with day-to-day issues that come up in friendships

Next Steps: For enquiries or to register for this group <u>click here</u>, scan the QR code, call our clinic on **03 9024 0339** or email us at **oakleigh@earlystartaustralia.com.au**



Early Start Australia | VIC | Oakleigh Level 2, 20 Atherton Road, Oakleigh oakleigh@earlystartaustralia.com.au



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Secret Agent Society Key dates and requirements



The following requirements are recommended to assist with the development of skills taught in the Secret Agent Society Sessions.

Pre-assessment: To determine the participants' baseline skills prior to commencing the group. This will enable us to determine appropriate goals for each participant.

Cadet sessions: 9 weekly cadet (participant) sessions throughout the term to teach core concepts and skills.

Parent sessions: 4 parent sessions throughout the term to provide structured and detailed insight into what is being taught and how it can be implemented outside the clinic.

Post-assessment: To determine the participants' skills on completion of the group. This will enable us to determine how far the participants have come and congratulate them on their success.

Follow up sessions: 2 follow up sessions are provided following the completion of the 9 weeks to assist cadets in transferring their skills into their social environments and review what was taught in the SAS sessions.

Requirement	Date
Pre-group assessment	Completed before 24/1/25
Cadet sessions (weekly)	30/1/25 - 27/3/25
Parent session 1	Week of 20/1/25
Parent session 2	Week of 10/02/25
Parent session 3	Week of 03/03/25
Parent Session 4	Week of 24/03/25
Follow up session #1	Date TBC
Follow up session #2	Date TBC

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