## **2025 April School Holiday Group Programs**

## **Peer Pals**

For our teens who need a space to meet with peers their age and work through social complexities that have occurred in their friendship environments. This group aims to assist participants to brainstorm ideas, generate solutions and practice core skills to develop their everchanging social world.

**Age: 12-14 years** 

Cost: \$323.30 per session

Venue:

Early Start Australia,

Oakleigh

Time: 2.15pm-4.45pm

Dates: 11/04/2025

**Funding:** 

**Private or NDIS allocation** 

This group program aims to bring together preteens and teens to provide a safe space for them to develop their organizational, social and wellbeing skills.

Participants will work towards developing their:

- Understand their own and others' emotions and strategies to self-regulate
- Problem solving, compromising, and negotiation skills within small group activities
- Conversation and interaction skills within a small peer group

**Next Steps:** For enquiries or to register for this group click <a href="here">here</a>, scan the QR code, call our clinic on **03 9024 0339** or email us at **oakleigh@earlystartaustralia.com.au** 



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